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| Carlisle Canoe Club Membership Form 20\_ \_ | | | | | | | | | | | | | |
| **Membership runs from**  **April 1st until March 31st each year.**  **Membership Fees: -**  Adult £25.00,  Student (over 18years)/Unemployed £15.00,  Junior (under 18 years) £15.00; Family £40.00.  Beginners £10.00 non-refundable deposit per person. | | | | | | | | ***Admin Only***  ***Cash***  ***Cheque***  ***Standing order***  ***BACS***  ***Amount £*** | | |  | | |
| Please return form with cash or a cheque payable to “Carlisle Canoe Club” to:  Norrie Brown, by post at “The Forge”, Rigg, Gretna DG16 5JE, in person at the club or by email to norrielouise”at”aol.com  For electronic payment to the club bank account use: Sort Code 201847 Account Number 60238244  Please use *“Membership – First Name .Last Name”* to help identify your payment.  *A new membership form is required each year as part of the process of maintaining our British Canoeing affiliation & insurance. The information given on this form may be shared with British Canoeing.*  *NOTE: If you intend to Email the form you need save a copy under a new name, complete using the new copy, save it and then email it* | | | | | | | | | | | | | |
| Membership Type | Adult |  | Family |  | | | Other | |  | Starter Session | |  |  |
| Name | | DOB | Gender | Name of Parent or Guardian if <18 | | | | | | BC No (if applicable) | | BC Coaching or Leadership Qualifications | |
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| Address |  | | | | | Home Tel No | | | |  | | | |
| City |  | | | | |  | | | | | | | |
| Post Code |  | | | | | Mobile Tel No | | | |  | | | |
| Email Address | |  | | | | | | | | | | | |
| Declaration for Adults | | | | | | | | | | | | | |
| I I ..am aware that canoeing is an assumed risk sport and accept the risks involved, I certify that I can swim at least 50 metres in light clothing. and agree to comply with the Codes of conduct shown overleaf and Equity Policy as shown on the club website  Signed [ ] | | | | | | | | | | | | | |
| Declaration for under 18s | | | | | | | | | | | | | |
| I ..being the parent / guardian of the under 18’s named above   1. am aware that canoeing is an assumed risk sport and accept the risks involved, and give him/her/them to take part in activities or events organised or participated in by Carlisle Canoe Club, 2. confirm that he/she/they can swim at least 50 metres in light clothing, and 3. confirm that he/her/their pictures may be used on the club website, Facebook page and in club promotional material 4. agree to comply with the Codes of conduct shown below and Equity Policy as shown on the club website   Signed [ ] | | | | | | | | | | | | | |
| Please state any medical condition, such as diabetes, asthma, epilepsy, etc | | | | |  | | | | | | | | |
| By completing this for you agree that the information provided may be shared with British Canoeing, the sport’s governing body, to which we are affiliated. British Canoeing may send you information about British Canoeing activities, events, and competitions as well as those of selected third parties (including British Canoeing partner organisations) by e-mail. | | | | | | | | | | | | | |

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| **Code of Conduct** It is the policy of Carlisle Canoe Club that all paddlers, volunteers, coaches and parents show respect and understanding for each other and conduct themselves in a way that reflects the principles of the club. The aim is for all paddlers to improve performance and have fun. Everyone involved in the Club should abide by the Club Rules and Policies  **Paddlers**   * Take care of all property belonging to the club or club members * Treat other Club members with respect at all times, on and off the water * Treat other paddlers as you would want to be treated yourself * Control tempers and avoid behaviour which may inconvenience or upset others * Co-operate and listen to your coach or Club officials * Club Officials, Coaches and Volunteers * Consider the wellbeing and safety of paddlers before performance * Develop an appropriate working relationship with performers, based on mutual trust and respect * Make sure all activities are appropriate to the age, ability and experience of those taking part * Display consistently high standards of behaviour and appearance * Follow BCU and Club guidelines and Policies * Hold the appropriate, up dated qualifications and insurance * Encourage paddlers to value their performance and not just results * Never condone the use of prohibitive substances   **Parents/Guardians**   * Help your child recognise good performance, not just results * Never force your child to take part in sport * Never punish or belittle a child for loosing or making mistakes * Publicly accept official’s judgment * Support your child's involvement and help them to enjoy the sport * Use correct and proper language at all times * Set a good example by applauding good performances of all paddlers | **Junior Code of Conduct**  All junior members are asked to abide by the following rules at all times  Co-operate fully and respect all requests and decisions made by coaches, helpers and officials   * Paddlers must control their tempers and avoid behaviour which may inconvenience or upset others * Be considerate and respectful to other paddlers and water users - treat others as you would want to be treated * Paddlers must wear suitable kit for paddling as agreed with your coach * Take care of all property belonging to the Club or any club member - and be responsible for your own equipment and clothing * Not to leave a session without the permission of the coach or leader   Junior members are not allowed to smoke, consume alcohol or drugs of any kind whilst on club premises or representing the club at event  **Safety Policy**  Canoeing is an assumed risk sport and if you are not prepared to accept your share of that risk, then maybe canoeing is not the sport for you or your children.  Serious injury & loss of life are both risks which are associated with canoeing; through the implementation of safeguards and simple warnings the club seeks to minimize these risks.  We work to ensure that those taking part in canoeing are able to do so, protected and safe from harm, while they are involved in club activities. This is particularly in respect of children or vulnerable adults.  We will do our best to ensure that all club equipment is safe and properly maintained/replaced when necessary.  We do not allow anyone to go on the water without suitable equipment - please accept the coaches' judgement of the suit ability of your equipment.  We encourage anyone involved with the club to share the responsibility for each other’s safety (many eyes may spot something going wrong ¬don't wait for someone else to raise the alarm).  We encourage members to gain BCU qualifications and therefore be kept up to date on the best practices, both from a safety stance and safe coaching methods.  All our coaches are checked by the Criminal Records Bureau for their suitability to work with children. |
| Find out more information about us on our website at:-  www.carlislecanoeclub.org.uk  Join our closed community on Facebook to see what other members are up too. Just go to Facebook and search for “Carlisle Canoe Club”, then ask to join | |